



Good to Great

Cheat Sheet

Good News! Great is not a destination it is a process. It's a roller coaster journey with wins on the highs as well as on the lows. It's about self-discovery that leads to self-mastery. It's about doing what you love and loving what you do. So...can you move rapidly from good to great in 5 powerful steps? Of course you can! Here are my 5, just for you...

- 1** **Decide to be great.** Being great requires consistently high standards and honest hard work. So decide on your standard for greatness and determine how far away you are from that standard and what action you will take to reach it.
- 2** **Commit to continuous learning.** What separates those who are merely good from those who are truly great is their learning process. It's not just about learning something new every day...**Great people know "how to learn"**.
- 3** **Learn to control you mental and emotional states.** Understand that "great" requires you to control your mental and emotional states and not the other way around. The process starts with self-discipline which helps you to resist distractions and temptations.
- 4** **Know how, when and where to ask for help.** Great people know that the best time to ask for help is the minute you discover that you need it. Then you begin by asking those around you and give them enough information to help you.
- 5** **Take action.** The right type of action will move you forward towards that one thing, that one goal that you want to achieve. Work seriously, focus intently, hustle hard. However you do it, take action because taking action is how you make things happen. Even when the results are not what you expect, the lessons are invaluable.

Don't cheat yourself☺! [Read the full post on the blog.](#)

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